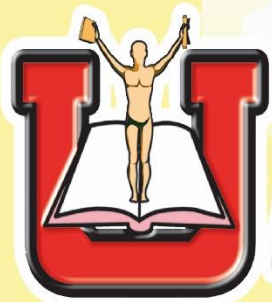




---

# Aflatoxin M1 in Nicaraguan and locally made hard white cheeses marketed in San Miguel, El Salvador



**Universidad  
Dr. Andrés Bello**



# **Aflatoxin M<sub>1</sub> in Nicaraguan and locally made hard white cheeses marketed in San Miguel El Salvador.**

## **Authors**

Oscar Peña-Rodas <sup>a</sup>, Roxana Martínez-López <sup>a</sup>, Roberto Hernández-Rauda <sup>b</sup>.

<sup>a</sup> Laboratorio de Inocuidad de Alimentos, Universidad Doctor Andrés Bello, 1a Calle Poniente y 41a Avenida Norte, 2128, Colonia Flor Blanca, San Salvador, El Salvador, América Central

<sup>b</sup> Dirección de Investigación y Proyección Social, Universidad Doctor Andrés Bello. 1a Calle Poniente y 41a Avenida Norte, 2128, Colonia Flor Blanca, San Salvador, El Salvador, América Central

## **ARTICLE INFO**

Keywords:

AFM1

Central America

Unripe hard white cheese

ELISA

Cumulative rainfall

Relative humidity

Abbreviations: AFM1, Aflatoxin M1; AFB1, Aflatoxin B1; AFs, Total Aflatoxins (B1+B2+G1+G2); ELISA, Enzyme-linked immunosorbent assay; %RSD, Coefficient of variation; HORRAT, Horwitz ratio.

E-mail addresses:

oscar.pena@unab.edu.sv (O. Pena-Rodas), ~ roxana.martinez@unab.edu.sv (R. Martínez-López), marioernesto.pineda@unab.edu.sv (M. Pineda Rivas), roberto.rauda@unab.edu.sv (R. Hernández-Rauda).

Contents lists available at ScienceDirect The End-to-End Journal homepage:

[www.elsevier.com/locate/ENDEND](http://www.elsevier.com/locate/ENDEND)

<https://doi.org/10.1016/j.toxrep.2020.08.031>

Received 20 September 2019; Received in revised form 10 August 2020; Accepted 27 August 2020.

Available online 1 September 2020.

2214-7500/© 2020 Universidad Doctor Andres Bello. Published by Elsevier B.V. This is an open access article under the CC BY-NC-ND license.

## ABSTRACT

Aflatoxin M<sub>1</sub> is a carcinogenic and genotoxic metabolite of Aflatoxins present in food contaminated by fungi for lactating cattle, it is excreted through milk and when used to make cheese, the toxin will also be transferred to the dairy. The contamination of unripened hard white cheese with AFM<sub>1</sub> seems to vary according to the season of the year, possibly due to the change of foodstuff, from fresh pasture in the rainy season to dried foods in the dry season and vice versa. This research determined both the prevalence and contents of AFM<sub>1</sub> in cheeses of local and Nicaraguan origin marketed in El Salvador, as well as the changes occurred according to the season and the association between levels of AFM<sub>1</sub> with meteorological parameters. The significantly higher prevalence of AFM<sub>1</sub> contamination in both local cheeses and Nicaraguans, was found in the dry season and the lowest in the rainy season (41 % vs. 20 %; 31 % vs. 0%, respectively), the same trend was observed in AFM<sub>1</sub> contents (0.076 vs. 0.036 µg/kg; 0.050 vs. 0.021 µg/kg, respectively). A significant association was demonstrated between levels of AFM<sub>1</sub> with the averages of accumulated rainfall and relative humidity according to the sampled season. The prevalence of AFM<sub>1</sub> in cheeses indicate that El Salvador and Nicaragua are endemic to dairy contamination by that mycotoxin. Seasonal variation may be due to a lack of rainfall, that promotes the growth of aflatoxigenic fungi in the crops of raw materials, which will be used for feedstuff intended for dairy cattle, thus, the consumption of contaminated food will cause the temporary increase of AFM<sub>1</sub> in milk and their derivatives.

## 1. Introduction

Aflatoxin M<sub>1</sub> (AFM<sub>1</sub>) is the main metabolite of Aflatoxin B<sub>1</sub> (AFB<sub>1</sub>), which is one of the four most common variants of Aflatoxins (AFs) [1–6]. There is sufficient evidence for the carcinogenicity of AFM<sub>1</sub> alone or mixed with AFB<sub>1</sub> and Aflatoxin G<sub>1</sub> (AFG<sub>1</sub>) [7], although of lower potency than AFB<sub>1</sub> [8,9]. When cattle ingest food or feed contaminated by AFs, it is estimated that up to 6.2 % of the content of AFB<sub>1</sub> is transformed into AFM<sub>1</sub> and excreted in milk [2–4,10,11]. If milk contaminated by AFM<sub>1</sub> is used to formulate cheese or other dairy products, the toxin is transferred from the raw material to the final product [12–14], a process enhanced by the affinity that AFM<sub>1</sub> has for casein [13,15–18]. This carry-over effect causes a higher concentration of that toxin content during the milk transformation process [14,15,19], reaching values up to 5.6 times the initial content of AFM<sub>1</sub> in soft cheeses [20] and up to 4.5 times in hard ones [15,21].

The prevalence of contamination and the contents of AFM<sub>1</sub> in milk and cheese vary seasonally, associated with changes in temperature, rainfall, relative humidity or events such as drought and floods [15,16, 22–24]. At the base of such seasonal fluctuation is the availability of green forage, as there is evidence that milk from animals that consume fresh pasture has lower prevalence values and AFM<sub>1</sub> contents [25–27]. The risk of milk contamination by AFM<sub>1</sub> is increased when cattle are fed mainly with feedstuffs, which are more susceptible to being colonized by aflatoxicogenic fungi due to inappropriate conditions during storage, and which occurs precisely in times with shortage of pasture [17,22,24, 25,27], thus, the use of contaminated food will cause the temporary increase in AFM<sub>1</sub> in milk and its derivatives [12–14,18].

Hard unripened cheeses in El Salvador, such as hard white, had an apparent consumption of 30821.8 metric tons in 2005, of all that imported volume, 71.8 % came from Nicaragua [28]. The import of hard white cheese continues to grow, from 11,240 to 13,266.7 metric tons, and from 29.7–35.2 million dollars between 2014 and 2017 [29,30]. The previous data provides relevance to three aspects, the consumption of hard white cheese is high and is growing among the Salvadoran population; due to this demand the dairy processing plants in Nicaragua (industrial, semi-industrial and artisanal) export their products either legally or illegally to El Salvador [31]. In addition, there are no local or Nicaraguan reports related to the monitoring of AFM<sub>1</sub> in that type of cheese. In view of the above, it is necessary to monitor the white hard cheese marketed in El Salvador, to determine the prevalence of contamination and the contents of AFM<sub>1</sub> in cheeses of local and Nicaraguan origin, the changes occurred according to the time of the year and the association between AFM<sub>1</sub> contamination levels with meteorological parameters.

## 2. Material and methods

### 2.1. Cheese specimen, manufacturing and storing

Unripened artisanal hard white cheese, also known as Morolique, is semi-dry and it has a firm soft texture due to its relative low moisture content and does not melt with heat, it has similarities to homemade Feta in appearance but not it is so salty and not crumbly.

Artisan cheese processing plants have up to 12 employees, they process from 150 to 1500 L per day with minimal equipment to do so; in addition, they are not legally obliged to pasteurize the milk for the amount they process daily [32].

Manufacturers do not have their own dairy herd but depend on intermediary traders with collection routes for the provision of milk that comes from various farms [31,32]. Ninety-five plants operate in El Salvador, according to 2014 data [32], and one hundred operate in Nicaragua, although the available data is from 1999 [31]. In both countries, there is an underestimation of artisanal plants since Salvadorans process up to 65 % of milk production [32] and Nicaraguans up to 55 % [31].

The white hard cheese manufacturers process the milk between 3 and 6 h after receiving it, they curdle, salt, mold and press it during the following 24 h in the form of 25 kg models, which is ready for distribution to the market, as an option, it can be left to dry for 3 or 5 days more depending on the demand [32]. In the plant, the cheese is stored only for a few hours before distributing it to municipal markets and the shelf life is 30–35 days in refrigeration (if any) or in display cases at room temperature, depending on the equipment of the retailer [32]. According to the previous data, it is estimated that 5–7 days' elapse between milking and the availability for sale of the cheese in the municipal market and it must be sold before it reaches its useful life (shelf life) because the product usually it is not pasteurized or vacuum packed.

## 2.2. Type of study and sampling

During a 13-month surveillance of white hard cheese from local and Nicaraguan manufacturing, 10 retail stores from the municipal market of San Miguel were sampled repeatedly. Samplings were spaced three months apart, so that the collection periods were July-August 2018 (rainy season), November-December 2018 (rainy to dry transitional season), February- March 2019 (dry season) and June-July 2019 (rainy season). The total samples of hard white cheese collected and analyzed were 130, 60 processed in El Salvador and 65 from Nicaragua, all marketed in El Salvador. Each sample collected weighed 1 kg, thus complying with the sampling specifications for the official control of mycotoxins in foods established by the Commission of European Communities [33] and were kept cold during transport to the laboratory. The samples were stored at 2– 4 °C in a horizontal freezer until processing and analysis.

## 2.3. Sample preparation, extraction, and analysis of AFM<sub>1</sub>

Each 1 kg sample of hard white cheese was homogenized using a food processor. For AFM<sub>1</sub> extraction, a procedure according to NEOGEN® Corporation (Lansing, Michigan, USA) was used [34]. The concentration of AFM<sub>1</sub> was determined in the cheese samples using the VERATOX kit for AFM<sub>1</sub> with a quantification range between 0.005 and 0.100 µg/kg, agreeing

to NEOGEN® Corporation [34]. All reagents were acclimatized at room temperature ( $24 \pm 2$  °C) prior to use.

#### 2.4. Validation of analytical method

The validation of the analytical method was done by applying two evaluation criteria, the average recovery and the intermediate precision [35]. The procedure to evaluate the average recovery, consisted of spiking hard cheese samples with AFM<sub>1</sub> standards at concentrations of 0.050, 0.100, 0.200, 0.300, 0.400, 0.500 and 0.600 µg/kg, prepared in HPLC grade acetonitrile (Avantor™, Ecatepec de Morelos, Mexico), prior to their analysis. Extraction of the toxin and its quantification was done in the same way described for the cheese samples [34]. The procedure is similar to other previous validations [15–17]. The spiking of AFM<sub>1</sub> was carried out in quadruplicate for each level and the analyzes were carried out with the same method, the same type of cheese and the same reactive kits, while the instruments and analysts were different during the five-day trial, as specified to evaluate the inter-run precision tests [35].

The recovery% was calculated by dividing the measured content of a sample by the spiking concentration and the resulting ratio is multiplied by 100; whereas, mean recovery% is the simple average of the set of recovery values obtained per day and per concentration of spiking [35]. The acceptable range for average% recovery values of an analyte in concentrations equal to or less than 1 µg/kg is 40–120%, as established by AOAC International [35]. To evaluate the inter-assay accuracy, the coefficient of variation of the average recovery (% RSD) and the Horwitz Ratio (HORRAT) of spiked samples were calculated [35,36]. To consider that an at concentrations equal to or less than 1 µg/kg, according to the threshold established by AOAC International [35], while HORRAT values must be between 0.3 and 1.3 [36].

#### 2.5. Maximum aflatoxin M<sub>1</sub> level

The regulations of the quality standard of unripened hard cheeses, both from El Salvador and Nicaragua, does not have specified maximum permissible limits for AFM<sub>1</sub> [37,38] for that reason the maximum level of 0.050 µg/kg setting through Commission Regulation (EC) No 1881/2006 issued by the European Community was adopted in this work, applied it to both fluid milk and dairy products, considering the effect of drying and processing of milk on the concentration of that mycotoxin [8,9,27]. This limit is based on the ALARA principle "As low as reasonably achievable", because AFM<sub>1</sub> is a genotoxic carcinogen and that exposure to any level of that toxin will put consumers at risk [9]. As there is no legal limit established for AFM<sub>1</sub> in cheeses by the EU through any consensus, other maximum levels have been established on the initiative of five European countries [15,21,27], allowing fulfill requirements of AFM<sub>1</sub> maximum permissible content and preventing unwanted economic consequences by a very strict regulatory limit for dairy products to be marketed [13,23].

#### 2.6. Meteorological parameters

To establish the association between the average contents of AFM<sub>1</sub> in cheeses of Salvadoran and Nicaraguan origin, with some meteorological parameters, the average monthly

accumulated rainfall (mm), temperature (°C) and relative air humidity (%), were obtained from the reports generated by the Environmental Observatory of the Ministry of Environment of El Salvador and by the General Directorate of Meteorology of the Nicaraguan Institute of Territorial Studies, available on the following websites <https://www.ineter.gob.ni/met.html> and <http://www.marn.gob.sv/informes-sequia-meteorologica/>. The data of aforementioned parameters for El Salvador were taken from 18 stations distributed throughout the territory, while the measures corresponding to Nicaragua were taken from the stations located in the Western Pacific Zone and the Northern Region, border territories with El Salvador and Honduras, where there is livestock commerce, from which milk is collected and processed to produce the cheeses that are exported to El Salvador [31].

## 2.7. Statistical analysis

Statistically significant differences among AFM<sub>1</sub> prevalence values or average contents, were determined by means of Chi Square test and Student t test, respectively. In all tests, a significance value of  $p < 0.05$  was specified. The association between variables was determined by means of Pearson's r coefficient. The tests and figures were made with the IBM SPSS Statistics v.24 for Windows program.

## 2.8. Ethical considerations

In this study, only samples of cheese available for sale to the public were used, no data from vendors nor obtaining living animal tissue were needed, therefore, the consent of informants or the application of a guide for experimentation with animals were not required.

## 3. Results

Table 1. Method performance parameters for Aflatoxin M<sub>1</sub> (AFM<sub>1</sub>) in spiked pooled samples of hard white cheese.

Spiked level µg/kg	Day 1 repeatability (n=4 per level)		Day 2 repeatability (n=4 per level)		Day 3 repeatability (n=4 per level)		Day 4 repeatability (n=4 per level)		Day 5 repeatability (n=4 per level)		Average of five day trial		Predicted coefficient of variation under intermediate precision conditions	Ratio of average trial RSD% to RSD predicted from Horwitz equation (n=20 per level) [33]	Accepted values
	Mean recovery (%)	RSD (%)	Mean recovery (%)	RSD (%)	Mean recovery (%)	RSD (%)	Mean recovery (%)	RSD (%)	Mean recovery (%)	RSD (%)	Mean recovery (%)	RSD (%) <sup>1</sup>			
0.050	147.15	23.71	215.10	22.38	191.75	22.78	191.00	22.79	147.70	23.69	178.54	23.07	25.12	0.92	0.3 to 1.3
0.100	112.73	22.23	129.95	21.76	140.75	21.49	140.73	21.49	95.30	22.79	123.89	21.95	22.63	0.97	
0.200	89.84	20.74	84.98	20.92	93.29	20.61	93.91	20.59	112.90	20.04	94.98	20.58	20.39	1.01	
0.300	75.45	20.01	113.53	18.82	80.28	19.82	80.27	19.82	101.21	19.14	90.15	19.52	19.18	1.02	
0.400	119.30	17.88	85.47	18.81	83.71	18.86	83.87	18.86	82.99	18.89	91.07	18.66	18.37	1.02	
0.500	119.33	17.30	112.04	17.46	84.93	18.20	84.01	18.23	90.87	18.02	98.23	17.84	17.76	1.00	
0.600	44.54	19.52	121.29	16.78	89.62	17.57	89.47	17.57	70.97	18.19	83.18	17.93	17.28	1.04	

<sup>1</sup> Acceptable recovery percentages from 40% to 120%, and acceptable values of RSD% are ≤45.3 after Horwitz, and ≤30.0 after AOAC International [32].

### 3.1. Method validation parameters to determinate AFM<sub>1</sub> in pooled samples of hard white cheese

The values of the mean recovery and the inter-test precision as validation parameters of the method to analyze AFM<sub>1</sub>, are presented in Table 1. The average recovery for spiking greater than 0.050 µg/kg, obtained during the five-day test, were better adjusted to the established



range. The mean recovery values did not vary significantly between the five days of the validation test or between the spiking concentrations ( $F = 1,804$ , 139 df,  $p = 0.132$ ). Regarding the coefficient of variation under reproducibility conditions (% RSD), it presented an average range of values from 17.84 to 23.07, regardless of the six spiking concentrations used, therefore it did not exceed the limit value threshold of 30 % for contents equal to or less than 1.0  $\mu\text{g}/\text{kg}$ . The HORRAT presented a range of values from 0.92 to 1.04 (Table 1), adjusting to the limits established between 0.3 and 1.3. The HORRAT values also did not vary significantly between the five days of the validation test or between the spiking concentrations ( $F = 1,952$ , 139 df,  $p = 0.105$ ).

### 3.2. Sample locations, and results by location

Sampled sales location and origin of cheese.  
SAN MIGUEL-EL SALVADOR

Sampled dates

	Feb-Mar-2019 Mean	Jul-Aug-2018 Mean	Jun-Jul-2019 Mean	Nov-Dec-2018 Mean
<b>Mean content <math>\mu\text{g}</math> per kg</b>	,107	,045	,041	,040
<b>Average temperature in <math>^{\circ}\text{C}</math></b>	26,6	25,7	27,5	25,0
<b>Average relative humidity</b>	63,9	77,8	76,5	80,4

The prevalence of AFM1 positive samples ( $>0.005 \mu\text{g}/\text{kg}$ ) was slightly higher in the November-December sampling period, compared to July-August, with a total sum difference of 0.031  $\mu\text{g}/\text{kg}$  between both sampling periods. On average, the samples of national origin had a higher percentage of positive values for AFM1, compared to the samples of Nicaraguan origin, with a difference of 0.063  $\mu\text{g}/\text{kg}$  in the total results, between both categories. The average values between the sampling period and the national and Nicaraguan categories varied significantly, with the exception of the town of San Miguel, in which case the variation is less defined.



Figure 1. AFM1 mean values of Salvadoran cheeses regarding four periods.

Sampled sales location and origin of cheese.  
SAN MIGUEL-NICARAGUA

	Sampled dates			
	Feb-Mar-2019 Mean	Jul-Aug-2018 Mean	Jun-Jul-2019 Mean	Nov-Dec-2018 Mean
<b>Mean content µg per kg</b>	,080	,039	,030	,039
<b>Average temperature in °C</b>	25,9	25,8	27,1	25,4
<b>Average relative humidity</b>	64,8	72,5	75,7	82,3

In the case of San Miguel, the variability in the averages became evident in the National Cheese category with a difference of 0.005 µg/kg, on the contrary, in samples of Nicaraguan origin where the average in AFM1 was practically the same. This trend of results not so different from each other, occurred only in San Miguel. In the July-August period, the average difference between the National and Nicaraguan categories was 0.006 µg/kg, a difference that was not so significant.

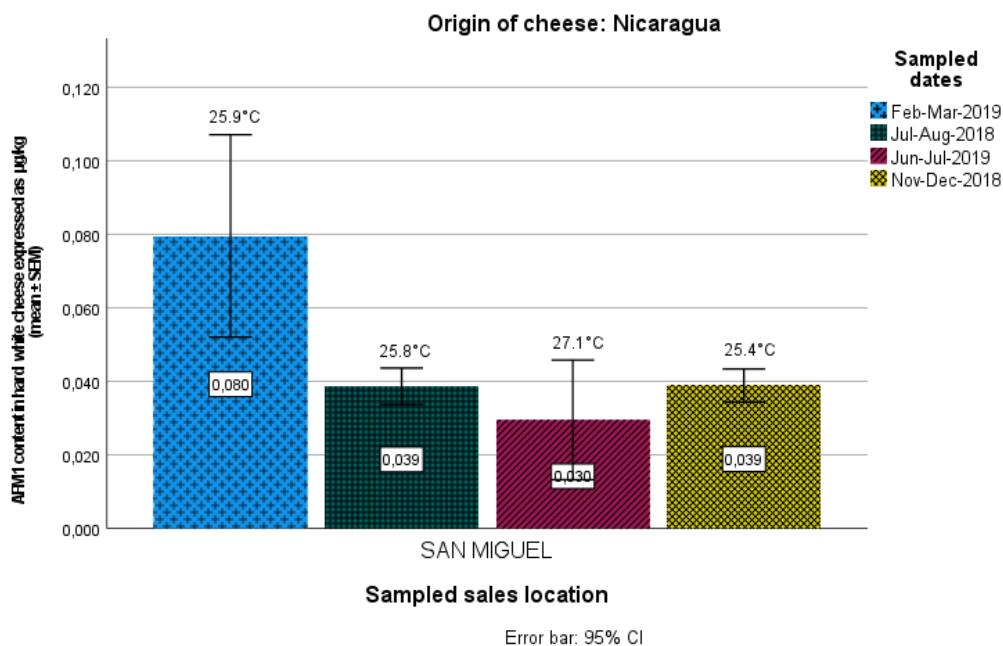


Figure 2. AFM1 mean values of Nicaraguan cheeses collected at Morazán, but analyzed at San Miguel, regarding four periods.

### 3.3 Seasonal occurrence of AFM<sub>1</sub> in Salvadoran and Nicaraguan hard white cheeses

The prevalence values of contamination by AFM<sub>1</sub> in cheeses of local origin and the predominant meteorological parameters are presented in Table 2. During February and March 2019, the highest prevalence of samples took place, which exceeded 0.050 µg/kg during the year sampled (41.0 %); this interval had the lowest average accumulated rainfall of the four quarters sampled (3.6 mm), a temperature of 26.6 °C and the lowest relative humidity overall (63.9 %).

The period between June and July 2019 had the significantly higher prevalence of AFM<sub>1</sub> negative samples (20.0 %,  $\chi^2 = 16.71$ , 6 df,  $p < 0.05$ ), it had also an accumulated rainfall of 231.8 mm, average temperature of 27.5 °C and relative humidity of 76.5 %. The seasonal variation of the prevalence of contamination by AFM<sub>1</sub> in Nicaraguan cheeses, as well as the meteorological parameters, are shown in Table 3. The period from November to December 2018 presented the significantly higher prevalence of cases with levels between 0.005 and 0.050 µg/kg throughout the monitored year (94.9 %,  $\chi^2 = 63.66$ , 6 df,  $p < 0.001$ ) although no sample exceeded the limit of 0.050 µg/kg; This period experienced the highest accumulated rainfall of the year (239.7 mm), average temperature of 25.4 and relative humidity of 82.3 %.

Table 2. Occurrences of AFM<sub>1</sub> in hard white cheese from El Salvador and meteorological parameters in this country.

Country of origin of samples	Classification based on AFM <sub>1</sub> level	Sampled months by year			
		July to August, 2018 (Rainy season)	November to December, 2018 (Rainy to dry transitional season)	February to March, 2019 (dry season)	June to July, 2019 (Rainy season)
<b>El Salvador</b>	< 0.005 µg/kg (< LOQ)	3 (7.9%) <sup>a,b</sup>	0 (0%) <sup>a</sup>	2 (5.1%) <sup>a,b</sup>	8 (20.0%) <sup>b</sup>
	0.005 – 0.050 µg/kg	24 (63.2%) <sup>a</sup>	28 (80.0%) <sup>a</sup>	21 (53.8%) <sup>a</sup>	23 (57.5%) <sup>a</sup>
	> 0.050 µg/kg	11 (28.9%) <sup>a</sup>	7 (20.0%) <sup>a</sup>	16 (41.0%) <sup>a</sup>	9 (22.5%) <sup>a</sup>
	Range of contents (µg/kg)	0 to 0.092	0.005 to 0.350	0 to 0.485	0 to 0.308
	Sample size	38	35	39	40
	Meteorological parameters				
	Average cumulative rainfall (mm)	205.8	234.3	3.6	231.8
	Average temperature °C	25.7	25.0	26.6	27.5
	Average relative humidity %	77.8	80.4	63.9	76.5

< LOQ: Under limit of quantitation of test.

<sup>a,b</sup> Counts and percentages with distinct letter differ significantly between same AFM<sub>1</sub> level group per season of a year ( $p < 0.05$ , Chi Square test). Salvadoran cheese samples,  $n = 152$ .

Cumulative rainfall, temperature, and relative humidity data are averages of the sampled months, including the prior one to each collection period, if they are available.

N.D. Not determined

February and March 2019 interval showed the significantly higher prevalence recorded in the four sampled quarters of specimen that exceeded the 0.050 µg/kg limit (31.3 %,  $\chi^2 = 63.66$ , 6 df,  $p < 0.001$ ); the season in question had the lowest accumulated rainfall of the year (4.5 mm), temperature of 25.9 °C and average relative humidity of 64.8 %. The period between June and July 2019 had the significantly higher prevalence of negative samples (52.3 %,  $\chi^2 = 63.66$ , 6 df,  $p < 0.001$ ) This sampled period had an accumulated rainfall of 153.3 mm, an average temperature of 27.1 °C and a relative humidity of 75.7 %.

#### 3.4. Seasonal variation on AFM<sub>1</sub> contents in Salvadoran and Nicaraguan hard white cheeses

The levels of AFM<sub>1</sub> in samples of Salvadoran hard white cheese, obtained during the four monitored quarters are presented in Fig. 1. A significant difference was found between average contents of 2018's rainy and 2019' dry seasons ( $t = -2.545$ , 75 df,  $p = 0.014$ ), partially coinciding with the trend shown by the prevalence of AFM<sub>1</sub> contamination cases in samples collected in the same periods, especially those that exceed 0.050 µg kg (Table 2). Additionally, the average contents of AFM<sub>1</sub> in hard white cheese samples have a low but significant association with the average cumulative precipitation values (Pearson  $r = -0.226$ ,  $p < 0.01$ ,  $n = 152$ ) and relative humidity (Pearson  $r = -0.225$ ,  $p < 0.01$ ,  $n = 152$ ), recorded during the four monitored periods.

The levels of AFM<sub>1</sub> in samples of hard white cheese from Nicaragua, obtained during the four monitored quarters are presented in Fig. 2. Significant differences were found among average contents of 2019's dry and 2018's rainy seasons ( $t = -2.023$ , 75 df,  $p = 0.047$ ), also with the 2018's rainy to dry transitional season ( $t = -3.975$ , 85 df,  $p < 0.001$ ), and 2019's rainy season as well is ( $t = 2.550$ , 90 df,  $p = 0.012$ ). The significant differences found in the contents of AFM<sub>1</sub> coincide with the trend shown by the prevalence of samples contaminated by that mycotoxin, which exceed the limit of 0.050 µg/kg and were collected in the same periods (Table 3).

Table 3. Occurrences of AFM<sub>1</sub> in hard white cheese from Nicaragua and meteorological parameters in this country.

Country of origin of samples	Classification based on AFM <sub>1</sub> level	Sampled months by year			
		July to August, 2018 (Rainy season)	November to December, 2018 (Rainy to dry transitional season)	February to March, 2019 (dry season)	June to July, 2019 (Rainy season)
<b>Nicaragua, Western Pacific Zone and Northern Region</b>	< 0.005 µg/kg (< LOQ)	3 (10.3%) <sup>a</sup>	2 (5.1%) <sup>a</sup>	2 (4.2%) <sup>a</sup>	23 (52.3%) <sup>b</sup>
	0.005 – 0.050 µg/kg	22 (75.9%) <sup>a,b</sup>	37 (94.9%) <sup>b</sup>	31 (64.6%) <sup>a,c</sup>	18 (40.9%) <sup>c</sup>
	> 0.050 µg/kg	4 (13.8%) <sup>a,b</sup>	0 (0.0%) <sup>b</sup>	15 (31.3%) <sup>a</sup>	3 (6.8%) <sup>b</sup>
	Range of contents (µg/kg)	0 to 0.162	0 to 0.044	0 to 0.241	0 to 0.415
	Sample size	29	39	48	44
Meteorological parameters					
	Average cumulative rainfall (mm)	118.6	239.7	4.5	153.3
	Average temperature °C	25.8	25.4	25.9	27.1
	Average relative humidity %	72.5	82.3	64.8	75.7

< LOQ: Under limit of quantitation of test.

<sup>a,b</sup> Counts and percentages with distinct letter differ significantly between same AFM<sub>1</sub> level group per season of a year ( $p < 0.05$ , Chi Square test). Nicaraguan cheese samples,  $n = 160$ .

Cumulative rainfall, temperature, and relative humidity data are averages of the sampled months, including the prior one to each collection period, if them are available. N.D. Not determined

Additionally, the variation in the average contents of AFM<sub>1</sub> in hard white cheese samples, has a low but significant association with the average cumulative precipitation values (Pearson  $r = -0.266$ ,  $p < 0.01$ ,  $n = 160$ ) and with the percentage relative humidity (Pearson  $r = -0.264$ ,  $p < 0.01$ ,  $n = 160$ ), recorded during the monitoring period. Most of the datasets generated and analyzed during the current study are available at the Mendeley Data site: <https://data.mendeley.com/datasets/5hm687y7td/3> [39].

#### 4. Discussion

According to the results obtained in the validation of the analytical method, the recovery averages for spiking equal to and greater than 0.100 µg/kg, are coincident with the acceptable values of mean recuperation for concentrations equal to or less than 1 µg/kg [35] and that are similar to the results obtained in other recovery trials of AFM<sub>1</sub> in cheeses [16,19,26].

Regarding the inter-run precision, none of the measurements of both average recovery and % RSD varied significantly between the five days of the trial; in addition, the %RSD values obtained in this work do not exceed the thresholds established by the Codex Alimentarius Commission (45.3 %) or by the AOAC International (30 %) [35]. On the other hand, the HORRAT averages calculated in the five-day trial meet the accepted inter-run precision values [36].

The average prevalence values of AFM<sub>1</sub> are high in both Salvadoran (91.7 %) and Nicaraguan (82 %) cheeses, indicating that both countries are endemic to dairy contamination by the aforesaid mycotoxin. Nevertheless, the highest prevalence of cases that exceeded the 0.050 µg/kg limit were detected in the dry season, while the lower prevalence values occurring in the rainy to dry transitional season.

Concerning the fluctuations described in the prevalence of hard white cheese contamination of both origins, several studies provide evidence about the seasonal variation of AFM<sub>1</sub> in milk and its derivatives [17,24,25,27,40]. It has been described that prolonged events or conditions of shortage of rain or drought and high temperatures are associated with increases in AFM<sub>1</sub> contamination in dairy products or in their raw material [15,22–24,41]. The increases in temperature and the decrease in rainfall upsurge the conditions for the growth of aflatoxicogenic fungi in corn [3,4,42,43], the main raw ingredient of feedstuff for cattle [22,42,44,45], therefore, the consumption of contaminated feed will cause the temporary increase of AFM<sub>1</sub> in milk and its derivatives [13,15,23]. The previous framework would explain the increase in the prevalence of samples of Salvadoran and Nicaraguan cheeses, with levels of AFM<sub>1</sub> that exceed the limit of 0.050 µg/kg during the dry season months, precisely when the use of supplementary food is used more before the shortage of grass for all the cattle, especially the lactating ones.

The proportion of AFM<sub>1</sub> positive cheeses of both origins, reported in this work, is similar or higher than the values reported in most other studies presented in Table 4. Differences on AFM<sub>1</sub> prevalence among collected values and those from Italy and Argentina are due to, such studies being conducted to estimate the incremental effect of the toxin concentration in cheese making [15] or the process of carryover of Aflatoxins in livestock feed to cheese [20].

In general terms, during the months of February and March 2019, the average levels of AFM<sub>1</sub> were significantly higher, both in Salvadoran and Nicaraguan cheeses, coinciding with the lowest averages of both accumulated precipitation and relative humidity for those zones of the Central American Isthmus. Significantly lower average AFM<sub>1</sub> contents were detected between July and August 2018 for Salvadoran cheeses, and between June and July 2019 for Nicaraguan dairy products, in both cases coinciding with relatively high averages of accumulated precipitation and relative humidity.

The increase in the mean contents of AFM<sub>1</sub> in Salvadoran and Nicaraguan cheeses during the time of the year with less accumulated rainfall, coincides not only with the higher prevalence of contamination by that mycotoxin, but with the evidence indicating that the scarcity or absence of rain is associated with the increase of AFM<sub>1</sub> contamination in milk and its derivatives [23,24,41].

Regardless of the time of year sampled, the ranges and averages of the levels of AFM<sub>1</sub> in both Salvadoran and Nicaraguan cheeses, presented in this work, are lower than the values obtained in most of the studies shown in Table 4, but similar to those reported in Spain, Iran, Italy and Argentina [12,18,20,26,46]. In any case, substantially higher levels of AFM<sub>1</sub> are reported in other geographical regions, for example, some countries in Northern Africa and the Middle East [49–53].

Understanding the seasonal fluctuation and the high prevalence of AFM<sub>1</sub> in cheeses, can provide the basis for selecting the best season and crop practices that are used for the

preparation of feed for livestock, thus preventing the contamination by toxicogenic fungi and, consequently, the transfer of AFM<sub>1</sub> to dairy products.

The risk estimate for Salvadorans of all ages within the frequent consumption of dairy products contaminated by AFM<sub>1</sub> should be addressed in future studies, as has been done in milk [47,48] and cheese [16].

Table 4. AFM<sub>1</sub> occurrences and levels in cheeses, after report's year, country and season.

Year and location	No. samples	Occurrence and season	Contents (range and/or average µg/kg)	Reference
1996, Spain	9	55.5%, Not determined	0.020 to 0.130, 0.074	10
2004, Libya	20	75%, Summer	0.110 to 0.520, 0.290 ± 0.160	46
2009, Italy	25	100%, Late autumn to early winter	0.111 to 0.413, 0.246 ± 0.095	13
2010, Turkey	304	71.1%, from autumn 2006 to late summer 2007	0.051 to 0.860, 0.263 ± 0.198 Spring 0.162 ± 0.024	47
2011, Iran	75	Total 65.3%	Summer 0.051 ± 0.015 Autumn 0.053 ± 0.018 Winter 0.083 ± 0.020	15
2012, Iran	50	80% in Winter 2008 40% in Summer 2009	0.055 to 0.374, 0.083 ± 0.079 0.041 to 0.215, 0.024 ± 0.025	16
2013, Iran	823	40 to 86.6%, Not determined	Not available	48
2014, Iran	20	Not determined	Spring: Not detected Summer 0.031 ± 0.005 Autumn 0.047 ± 0.006 Winter 0.119 ± 0.070	24
2014, Turkey	40	50%, Not determined	0.050 to 0.700, 0.130	49
2015, Serbia	10	100%, Late spring to early summer	0.13 to 0.22, 0.64	11
2016, Turkey	100	52%, Autumn	0.106 to 0.702, 0.211	12
2017, Iran	180	57.8%, Winter 50.0, Summer	0.153 ± 0.0003 0.121 ± 0.0023	14
2017, Iran	100	52%, Winter	0.052 to 0.424, 0.169 ± 0.032	50
2018, Italy	40	27.5%, Winter, spring and early summer	0.039 to 0.096	43
2019, Argentina	36	100%, Winter	0.084	18

## 5. Conclusions

The method to quantify AFM<sub>1</sub> used in this work proved to have adequate precision, because it has reached acceptable values of average recovery and intermediate reproducibility or inter-assay accuracy.

The high prevalence values of AFM<sub>1</sub> in cheeses of both origins, indicate that both El Salvador and Nicaragua are endemic to the contamination of dairy products by that mycotoxin; however, the average contents found in this work do not exceed those reported in other geographical areas such as the Middle East.

The prevalence of cases that exceed the limit of 0.050 µg/kg and the average AFM<sub>1</sub> contents in cheeses vary seasonally, reaching higher measurements during the season with lower values of rainfall and relative humidity, while the lowest prevalence was recorded during the season with more accumulated rainfall and greater relative humidity, regardless of the country of origin of the dairy. This seasonal variation may be due to rain shortage conditions that are associated with the increase in dairy contamination by AFM<sub>1</sub>, precisely because they promote the growth of aflatoxicogenic fungi in crops that serve as raw materials to produce feedstuffs for cattle. In this way, the consumption of contaminated food will cause the temporary increase in AFM<sub>1</sub> in milk and its derivatives.

Knowing the seasonal variation of AFM<sub>1</sub> in dairy products will allow informed decisions regarding the season and practices that represent less risk of contamination by toxicogenic fungi in crops used to feed livestock, thus preventing contamination by AFM<sub>1</sub> and its transfer to dairy.

### **Funding**

This study was entirely supported by Universidad Doctor Andres Bello research budget. CRediT authorship contribution statement Oscar Pena-Rodas: ~Conceptualization, Methodology, Validation, Investigation, Writing - original draft, Writing - review & editing, Visualization. Roxana Martinez-Lopez: Conceptualization, Methodology, Validation, Investigation. Mario Pineda-Rivas: Investigation. Roberto Hernandez-Rauda: Conceptualization, Methodology, Validation, Formal analysis, Data curation, Writing - original draft, Writing - review & editing, Visualization, Supervision, Project administration.

### **Declaration of Competing Interest**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

### **Acknowledgments**

The authors are indebted to laboratory technician Mrs. Martha Idalia Guzmán for her skillful help with laboratory data acquisition, to Mrs. Alejandra Varela, Mrs. Marcela Doradea, Mr. Juan Escuintla, Mr. Samuel Cano, and Mr. Domingo Romero for their prompt assistance with sample gathering. They also wish to thank Mr. Mario Rivas for his skillful assistance with the collection and statistical processing of meteorological parameters from official databases. This work is dedicated to the memory of Ana Marta Moreno de Araujo, distinguished rector emeritus of Universidad Doctor Andres Bello.



## References

1. IARC (International Agency for Research on Cancer), Some traditional herbal medicines, some mycotoxins, naphthalene and styrene, IARC Monogr. Eval. Carcinog. Risks Hum. 82 (2002) 171-274, Available at <https://www.ncbi.nlm.nih.gov/books/NBK326619>. Accessed 5 Nov 2018.
2. A.A. Fallah, A. Barani, Z. Nasiri, Aflatoxin M1 in raw milk in Qazvin Province, Iran: a seasonal study, Food Addit. Contam. Part B Surveill. 8 (2015) 195–198. <https://doi.org/10.1080/19393210.2015.1046193>
3. N. Bilandžić, I. Varenina, B.S. Kolanović, Đ.B. Luburić, M. Benić, L. Cvetnić, S. Tanković, Ž. Cvetnić, Monitoring of aflatoxin M1 in raw cow milk in Croatia during Winter 2015, Mljekarstvo 66 (2016) 81–85, Available at [https://hrcak.srce.hr/index.php?show=clanak&id\\_clanak\\_jezik=222333](https://hrcak.srce.hr/index.php?show=clanak&id_clanak_jezik=222333). Accessed 5 Nov 2018.
4. A. Bellio, D.M. Bianchi, M. Gramaglia, A. Loria, D. Nucera, S. Gallina, M. Gili, L. Decastelli, Aflatoxin M1 in cow's milk: Method validation for milk sampled in Northern Italy, Toxins 8 (2016) 57. <https://doi.org/10.3390/toxins8030057>
5. **P. Landeros, M. Noa, Y. López, D.G. González, E. Noa, M. Real, C. Juárez, M.S. Medina, Niveles de aflatoxina M1 en leche cruda y pasteurizada comercializada en la zona metropolitana de Guadalajara, México, Rev. Salud Anim. 34 (2012) 40–45,** Available at [http://scielo.sld.cu/scielo.php?script=sci\\_arttext&pid=S0253-570X2012000100006&lng=es&tlng=es](http://scielo.sld.cu/scielo.php?script=sci_arttext&pid=S0253-570X2012000100006&lng=es&tlng=es). Accessed 6 Nov 2018
6. M. Hashemi, A survey of aflatoxin M1 in cow milk in Southern Iran, J. Food Drug Anal. 24 (2016) 888-893. <https://doi.org/10.1016/j.jfda.2016.05.002>

7. Codex Alimentarius Commission, Comments submitted on the draft maximum level for Aflatoxin M<sub>1</sub> in milk, Agenda item 15a. CX/FAC 01/20, FAO, Rome, Italy, 2001, Available at [https://mafiadoc.com/codex-alimentarius-commission\\_5b0397998ead0e5e738b45fe.html](https://mafiadoc.com/codex-alimentarius-commission_5b0397998ead0e5e738b45fe.html). Accessed 6 Nov 2018
8. G. Chavarría, F. Granados-Chinchilla, M. Alfaro-Cascante, A. Molina, Detection of aflatoxin M<sub>1</sub> in milk, cheese, and sour cream samples from Costa Rica, using enzyme-assisted extraction and HPLC, Food Addit. Contam. Part B Surveill. 8 (2015) 128–135. <https://10.1080/19393210.2015.1015176>
9. S.S. Omar, Aflatoxin M<sub>1</sub> levels in raw milk, pasteurized and infant formula, Ital. J. Food Saf. 5 (2016) 3. <http://dx.doi.org/10.4081/ijfs.2016.5788>
10. M.J. Barrios, M.J. Gualda, J.M. Cabanas, L.M. Medina, R. Jordano, Occurrence of aflatoxin M<sub>1</sub> in cheeses from the South of Spain, J. Food Prot. 59 (1996) 898-900. <http://dx.doi.org/10.4315/0362-028X-59.8.898>
11. B. Škrbić, I. Antić, J. Živančev, Presence of aflatoxin M<sub>1</sub> in white and hard cheese samples from Serbia, Food Control 50 (2015) 111-117. <http://dx.doi.org/10.1016/j.foodcont.2014.08.031>
12. E. Özgören, A.K. Seçkin, Aflatoxin M<sub>1</sub> contamination in mouldy cheese, Mljekarstvo 66 (2016) 154–159, doi: 10.15567/mljekarstvo.2016.0208, Available at [https://hrcak.srce.hr/index.php?show=clanak&id\\_clanak\\_jezik=228076](https://hrcak.srce.hr/index.php?show=clanak&id_clanak_jezik=228076). Accessed 5 Nov 2018.
13. A.C. Manetta, M. Giammarco, L. Di Giuseppe, I. Fusaro, A. Gramenzi, A. Formigoni, G. Vignola, L. Lambertini, Distribution of aflatoxin M<sub>1</sub> during Grana Padano cheese

- production from naturally contaminated milk, *Food Chem.* 113 (2009) 595-599.  
<http://dx.doi.org/10.1016/j.foodchem.2008.07.091>
14. Y. Shahbazi, Z. Nikuosefat, N. Karami, Occurrence, seasonal variation and risk assessment of exposure to aflatoxin M<sub>1</sub> in Iranian traditional cheeses, *Food Control* 79 (2017) 356-362. <http://dx.doi.org/10.1016/j.foodcont.2017.04.021>
15. A.A. Fallah, M. Rahnama, T. Jafari, S.S. Saei-Dehkordi, Seasonal variation of aflatoxin M<sub>1</sub> contamination in industrial and traditional Iranian dairy products, *Food Control* 22 (2011) 1653-1656. <http://dx.doi.org/10.1016/j.foodcont.2011.03.024>
16. H.R. Tavakoli, M. Riazipour, A. Kamkar, H.R. Shaldehi, A.S. Mozaffari, Occurrence of aflatoxin M<sub>1</sub> in white cheese samples from Tehran, Iran, *Food Control* (2012) 293-295.  
<http://dx.doi.org/10.1016/j.foodcont.2011.07.024>
17. M.H. Iha, C.B. Barbosa, I.A. Okada, M.W. Trucksess, Aflatoxin M<sub>1</sub> in milk and distribution and stability of aflatoxin M<sub>1</sub> during production and storage of yoghurt and cheese, *Food Control* 29 (2013) 1-6. <http://dx.doi.org/10.1016/j.foodcont.2012.05.058>
18. D. Costamagna, M. Gaggiotti, C.A. Chiericatti, L. Costabel, G.M.L. Audero, M. Taverna, M.L. Signorini, Quantification of aflatoxin M<sub>1</sub> carry-over rate from feed to soft cheese, *Tox. Rep.* 6 (2019) 782-787. <http://dx.doi.org/10.1016/j.toxrep.2019.07.004>
19. R. Rubio, C.C. Licón, M.I. Berruga, M.P. Molina, A. Molina, Occurrence of aflatoxin M<sub>1</sub> in the Manchego cheese supply chain, *J. Dairy Sci.* 94 (2010) 2775-2778. DOI: 10.3168/jds.2010.4017, Available at [https://www.journalofdairyscience.org/article/S0022-0302\(11\)00265-7/fulltext](https://www.journalofdairyscience.org/article/S0022-0302(11)00265-7/fulltext)  
Accessed 6 Nov 2018.

20. R. Bahrami, Y. Shahbazi, Z. Nikousefat, Occurrence and seasonal variation of aflatoxin in dairy cow feed with estimation of aflatoxin M<sub>1</sub> in milk from Iran, *Food Agr. Immunol.* 27 (2016) 388-400. <http://dx.doi.org/10.1080/09540105.2015.1109613>
21. B. Udovicki, K. Audenaert, S. De Saeger, A. Rajkovic, Overview on the mycotoxins incidence in Serbia in the period 2004-2016, *Toxins* 10 (2018) 279. <https://doi.org/10.3390/toxins10070279>
22. L.C.A. Picinin, M.M.O.P. Cerqueira, E.A. Vargas, A.M.Q. Lana, I.M. Toaldo, M.T. Bordignon-Luiz, Influence of climate conditions on aflatoxin M<sub>1</sub> contamination in raw milk from Minas Gerais State, Brazil, *Food Control* 31 (2013) 419–424. <https://doi.org/10.1016/j.foodcont.2012.10.024>
23. R. Kazemi, M. Miri, Aflatoxin M<sub>1</sub> contamination in dairy products, *J. Sci. Today's World* 2 (2013) 500-514, Available at [https://www.researchgate.net/publication/236963843\\_Aflatoxin\\_M1\\_Contamination\\_in\\_Dairy\\_Products](https://www.researchgate.net/publication/236963843_Aflatoxin_M1_Contamination_in_Dairy_Products) Accessed 29 Nov 2018.
24. A. Rahimirad, H. Malekinejad, A. Ostadi, S. Yeganeh, S. Fahimi, Aflatoxin M<sub>1</sub> concentration in various dairy products: Evidence for biologically reduced amount of AFM<sub>1</sub> in yoghurt, Iran. *J. Public Health* 43 (2014) 1139-1144, Available at <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4411911/> Accessed 29 Nov 2018.
25. T. A. Becker-Algeri, D. Castagnaro, K. de Bortoli, C. de Souza, D.A. Drunkler, E. Bardiale-Furlong, Mycotoxins in bovine milk and dairy products: A review, *J. Food Sci.* 81 (2016) R544-R552. <https://doi.org/10.1111/1750-3841.13204>
26. **Superintendencia de Competencia, Estudio sobre condiciones de competencia del sector de quesos en El Salvador, Intendencia de Estudios, San Salvador, El**

- Salvador, 2010, Available at [https://www.sc.gob.sv/wp-content/uploads/estudios\\_IE/estudios\\_PDF/Estudio\\_Quesos.pdf](https://www.sc.gob.sv/wp-content/uploads/estudios_IE/estudios_PDF/Estudio_Quesos.pdf) Accessed 24 Jul 2018.
27. **Ministerio de Agricultura y Ganadería, Anuario de estadísticas agropecuarias 2014-2015, Dirección General de Economía Agropecuaria, División de Estadísticas Agropecuarias, San Salvador, El Salvador, 2015, Available at <http://www.mag.gob.sv/direccion-general-de-economia-agropecuaria/estadisticas-agropecuarias/anuarios-de-estadisticas-agropecuarias/> Accessed 17 Aug 2019.**
28. **Ministerio de Agricultura y Ganadería, Anuario de estadísticas agropecuarias 2017-2018, Dirección General de Economía Agropecuaria, División de Estadísticas Agropecuarias, San Salvador, El Salvador, 2018, Available at <http://www.mag.gob.sv/direccion-general-de-economia-agropecuaria/estadisticas-agropecuarias/anuarios-de-estadisticas-agropecuarias/> Accessed 17 Aug 2019**
29. **UNCTAD (United Nations Conference on Trade and Development), Estudio sobre la cadena de comercialización de productos lácteos en Nicaragua, UNCTAD COMPAL, Switzerland, 2008, Available at <https://unctadcompal.org/wp-content/uploads/2017/03/Nicaragua-Sector-Lacteos.pdf> Accessed 10 Jul 2018.**
30. The Commission of the European Communities, Commission regulation (EC) No. 401/2006 of 23 February 2006, Laying down the methods of sampling and analysis for the official control of the levels of mycotoxins in foodstuffs, OJ L70 (2006) 12-34, Available at <https://www.fsvps.ru/fsvps-docs/ru/usefulinf/files/es401-2006.pdf>. Accessed 28 Oct 2018.

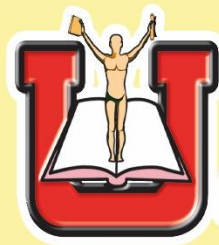
31. NEOGEN Corporation, Instructions of VERATOX<sup>®</sup> for Aflatoxin M<sub>1</sub> quantitative test, NEOGEN Corporation Customer Service, Lansing, Michigan, 2013, Available at [http://foodsafety.neogen.com/pdf/procedures/8019\\_ne\\_pro.pdf](http://foodsafety.neogen.com/pdf/procedures/8019_ne_pro.pdf). Accessed 21 May 2018.
32. I. Taverniers, M. De Loose, E. Van Bockstaele, Trends in quality in analytical laboratory. II. Analytical method validation and quality assurance, *Trend. Anal. Chem.* 23 (2004) 535-552. <https://doi.org/10.1016/j.trac.2004.04.001>
33. C. Rivera, R. Rodríguez, Horwitz equation as quality benchmark in ISO/IEC 17025 testing laboratory. Bufete de Ingenieros Industriales S.C., México, 2011, Available at <https://www.semanticscholar.org/paper/HORWITZ-EQUATION-AS-QUALITY-BENCHMARK-IN-ISO-%2FIEC-Rivera-Rodríguez/d6d6a38d1a9e01e526ca4e2b5b8d804670e5414f> Accessed 27 July 2019
34. **Ministerio de Economía, Norma Salvadoreña Obligatoria. Estándares de calidad. Norma general de CODEX para el queso. Especificaciones, Consejo Nacional de Ciencia y Tecnología, San Salvador, El Salvador, 2003**, Available at [http://www.puntofocal.gov.ar/notific\\_otros\\_miembros/sica\\_67.01.14.05.pdf](http://www.puntofocal.gov.ar/notific_otros_miembros/sica_67.01.14.05.pdf) Accessed 17 Aug 2019.
35. **Ministerio de Fomento e Industria, Norma técnica obligatoria nicaragüense. Productos lácteos. Quesos. Especificaciones, Comisión Nacional de Normalización Técnica y Calidad, Managua, Nicaragua, 2018**, Available at [http://legislacion.asamblea.gob.ni/normaweb.nsf/\(\\$All\)/6880ED5ADDCCA290062582B9006E9A09?OpenDocument](http://legislacion.asamblea.gob.ni/normaweb.nsf/($All)/6880ED5ADDCCA290062582B9006E9A09?OpenDocument) Accessed 17 Aug 2019.
36. R. Hernandez-Rauda, R. Martinez-Lopez, O. Peña-Rodas, Validation and seasonal variation on mean levels and prevalence of AFM<sub>1</sub> in white hard cheeses made in El

- Salvador and Nicaragua, Mendeley Data, v3. 2019.  
<http://dx.doi.org/10.17632/5hm687y7td.3>
37. N. Sohrabi, H. Gharahkoli, A seasonal study for determination of aflatoxin M1 level in dairy products in Iranshahr, Iran, *Curr. Med. Mycol.* 2 (2016) 27-31.  
<https://doi.org/10.18869/acadpub.cmm.2.3.27>
38. O. Peña-Rodas, R. Martinez-Lopez, R. Hernandez-Rauda, Occurrence of aflatoxin M1 in cow milk in El Salvador: Results from a two-year survey, *Tox. Rep.* 5 (2018) 671-678.  
<https://doi.org/10.1016/j.toxrep.2018.06.004>
39. EFSA (European Food Safety Authority), Modelling, predicting and mapping the emergence of aflatoxins in cereals in the European Union due to climate change, Question No EFSA-Q-2009-00812, Parma, Italy, 2012, Available at <https://www.efsa.europa.eu/en/supporting/pub/en-223> Accessed 27 Jul 2018
40. P. Battilani, P. Toscano, H.J. Van der Fels-Klerx, A. Moretti, M. Camardo Leggieri, C. Brera, A. Rortais, T. Goumperis, T. Robinson, Aflatoxin B<sub>1</sub> contamination in maize in Europe increases due to climate change, *Sci. Rep.* 6 (2016) 24328.  
<https://doi.org/10.1038/srep24328>
41. K.A. Chohan, F. Awan, M.M. Ali, U. Iqbal, M. Ijaz, Assessment of aflatoxin in dairy concentrate feeds, total mixed rations, silage and various feed ingredients in Pakistan, *Pak. J. Zool.* 48 (2016) 277–280, Available at [http://zsp.com.pk/pdf48/277-280%20\(35\)%20Short%20communications%20QPJZ-0050-2015%2017-8-15.pdf](http://zsp.com.pk/pdf48/277-280%20(35)%20Short%20communications%20QPJZ-0050-2015%2017-8-15.pdf).  
Accessed 25 Jul 2018.
42. A. Molina, G. Chavarría, M. Alfaro-Cascante, A. Leiva, F. Granados-Chinchilla, Mycotoxins at the start of the food chain in Costa Rica: Analysis of six *Fusarium* toxins

- and Ochratoxin A between 2013 and 2017 in animal feed and aflatoxin M<sub>1</sub> in dairy products, *Toxins* 11 (2019) 312. <https://doi.org/10.3390/toxins11060312>
43. S. Virdis, C. Scarano, C. Spanu, F. Piras, A.M. Mocci, G. Murittu, I. Ibba, M. Desogus, E.P.L. De Santis, Determination of aflatoxin M<sub>1</sub> in long-ripened Pecorino Romano, Grana Padano and Parmigiano Reggiano cheeses, *Proceedings of 72nd Convegno Società Italiana delle Scienze Veterinarie* (2018) 293, Available at [https://www.researchgate.net/publication/326264743\\_Determination\\_of\\_Aflatoxin\\_M1\\_in\\_long-ripened\\_Pecorino\\_Romano\\_Grana\\_Padano\\_and\\_Parmigiano\\_Reggiano\\_cheeses](https://www.researchgate.net/publication/326264743_Determination_of_Aflatoxin_M1_in_long-ripened_Pecorino_Romano_Grana_Padano_and_Parmigiano_Reggiano_cheeses)  
Accessed 28 Jun 2019.
44. I.N. Tsakiris, M.N. Tzatzarakis, A.K. Alegakis, M.I. Vlachou, E.A. Renieri, A.M. Tsatsakis, Risk assessment scenarios of children's exposure to aflatoxin M<sub>1</sub> residues in different milk types from the Greek market, *Food Chem. Toxicol.* 56 (2013) 261-265. <http://dx.doi.org/10.1016/j.fct.2013.02.024>
45. S. Ahlberg, D. Grace, G. Kiarie, Y. Kirino, J. Lindahl, A risk assessment of aflatoxin M<sub>1</sub> exposure in low and mid-income dairy consumers in Kenya, *Toxins* 10 (2018) 348. <https://doi.org/10.3390/toxins10090348>
46. A.M. Elgerbi, K.E. Aidoo, A.A.G. Candlish, R.F. Tester, Occurrence of aflatoxin M<sub>1</sub> in randomly selected North African milk and cheese samples, *Food Addit. Contam.* 21 (2004) 592-597. <https://doi.org/10.1080/02652030410001687690>
47. M. Aydemir, G. Atasever, M. Adigüzel, M. Atasever, K. Özturan, Determination of aflatoxin M<sub>1</sub> levels in some cheese types consumed in Erzurum – Turkey, *Kafkas Univ. Vet. Fak. Derg.* 16 (2010) S87-S91. <http://dx.doi.org/10.9775/kvfd.2009.1639>



48. R. Kazemi, M.M. Doost, M. Azizollahi, Aflatoxin M1 contamination in milk and milk products in Iran: A review, *J. Chem. Health Risks* 3 (2013) 13-20.  
<https://doi.org/10.22034/jchr.2018.544034>
49. S. Bakirdere, T. Yaroğlu, N. Tirik, M. Demiröz, A. Karaca, Determination of trace aflatoxin M1 levels in milk and milk products consumed in Turkey by using enzyme-linked immunosorbent assay, *Food Agr. Immunol.* 25 (2014) 61-69.  
<http://dx.doi.org/10.1080/09540105.2012.733354>
50. A. Sharifzadeh, P. Ghasemi-Dehkordi, M. Foroughi, E. Mardanpour-Shahrekordi, S. Ramazi, Aflatoxin M1 contamination levels in cheeses sold in Isfahan Province, Iran, *Osong Public Health Res. Perspect.* 8 (2017) 260-263.  
<https://doi.org/10.24171/j.phrp.2017.8.4.05>



**Universidad  
Dr. Andrés Bello**

